



## Internship South Africa

Description Placement programme to do unpaid work

Minimum duration

Requirements

8 weeks

- Minimum 18 years of age.

- Level of English upper-intermediate or higher.

- A good qualification or experience in the field.

- A successful visa application, if required.

- Apply 12 weeks before arrival in South Africa.

dd a highlight to your curriculum vitae, and further your command of the English language in a professional environment. Internship programmes are useful if you are looking to gain international work experience. You will be placed with a company in the field of your choice, giving you insight into the working practices of a company in an English speaking country.

Each placement is tailor-made to suit your individual profile. Is your emphasis on improving your command of English in the workplace? Or are you looking to broaden your work experience within your own field? Whatever your needs, we will find a placement to suit you.

Good Hope Studies has been offering internship programmes in Cape Town for over 10 years. During this time we have built up a comprehensive database of local companies. Our extensive network of contacts means we can find the right placement for each client.

Our internship-officer will establish your exact needs and will find the placement that is best for you. She will also assist you in getting the correct visas and documents, will help you to find long-term accommodation, and will be there to advise, assist and guide you throughout your stay.

Your English should be at a strong upperintermediate level to benefit from the internship. Should your level be lower, we recommend an English language course before your internship.

## Areas of placement

Accounting / Bookkeeping

Administration

Advertising

Arts, Culture

Automotive

Conservation, animal protection

Event Management

Fashion

General Administration

Graphic Design

Human Resources

Import, Export

IT, computer science

Job recruitment

Law

Logistics

Market research

Marketing

Media - TV, Radio, Photography

Music

NGOs

Politics

Public Relations

Print Media

Restaurants

Sales

Social work

Sport and Leisure

Tourism







outh Africa is a country with abundant natural resources, a first-world infrastructure and spectacular scenery. It is a country of fascinating people, rich in culture and history. At the same time it is a country where, for poor communities, daily life can be a struggle, and animals and their habitats are sometimes endangered. Many NGOs throughout South Africa are making an important contribution by helping the poor and helping to protect animals and natural resources. Without local and international volunteers, they would not be able to deliver. Working as a volunteer in South Africa you can make a real difference.

## Social Volunteering

## Children's Village [1]

Location	Cape Town
Minimum age	18 years
Duration	From 4 weeks [school children] From 8 weeks [toddlers]



The children's village takes action to help orphaned and abandoned children. They build and strengthen families so that the children can grow up with love, security and respect. There are a total of 17 houses in the village and each home accommodates eight to ten children. Each child is cared for as part of the family, and the children are raised like brothers and sisters.

## House of Care [2]

Location	Cape Town
Minimum age	18 years
Duration	From 4 weeks [the elderly] From 8 weeks [children]

Dating back to 1881, this organization occupies a large property in the Cape Town district of Vredehoek. In the main building, they take care of elderly people, and a few years back some smaller buildings were added for toddlers and disabled school children from disadvantaged communities.

## **NOAH** [3]

Location	Cape Town
Minimum age	18 years
Duration	From 2 weeks

NOAH is a dynamic organisation, involved in a number of projects. Their main focus is on providing community houses for elderly people who are still active, but can't or don't want to live on their own.

NOAH also runs a "soap project": Old soap is collected from hotels. People from poor communities then recycle this soap to provide them with a small income.

### Children's Hospital [4]

Location	Cape Town
Minimum age	17 years
Duration	From 2 weeks

This project is a voluntary support group to a children's hospital. The group believes that physical and emotional healing work simultaneously. It seeks to provide facilities, assistance and care for the patients of the hospital and their families. This project is committed to helping make the hospital experience less traumatic for patients and their families. They do this by providing emotional support as well as practical assistance.

## Recovery Hospital [5]

Location	Cape Town
Minimum age	18 years
Duration	From 4 weeks

The objective of the hospital is to provide expert nursing and medical care in a homely and loving environment for infants and children who are recovering from acute medical and surgical conditions. These children are unable to return to their own homes for social or medical reasons. To ensure that the hospital is able to provide an excellent quality of care, the hospital continually aims to improve their facilities

Underprivileged families living in deprived areas do not have the finance or the facilities to nurse their children after acute illness or burns. This Hospital is an essential link in the treatment of children, breaking the cycle of recurrence of sometimes-fatal diseases.



Jeffrey's Bay Kindergarten Project [6]

Location	Jeffrey's Bay
Minimum age	18 years
Duration	From 4 weeks

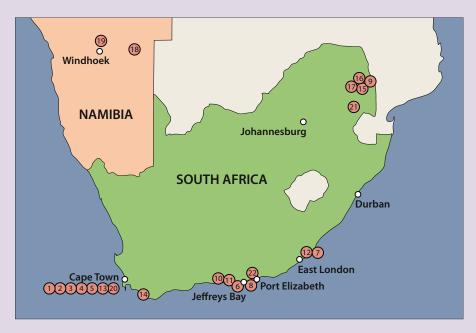
The project centres around a kindergarten school for disadvantaged children from the township of Jeffrey's Bay. The project provides education and stimulation for the children. The school relies on basic aids, to teach these children and provide an educational experience for them. With very little money available, they struggle to employ qualified staff. The school welcomes innovative and passionate volunteers to help with the daily running of the school and to assist with the children: playing with them, teaching them and giving them all the love they need.

## Farm Stays

## Organic Farming [7]

Location	60 km from East London
Minimum age	18 years
Duration	From 2 weeks

The farm is located on the Wild Coast, in the Eastern Cape Province, which is malaria-free. The project aims to farm holistically, applying techniques of biodynamic and astrological farming to rehabilitate Mpetukop Farm, its soil and its unique ecosystem. In keeping with these goals, there are both animals and plants on the land, and they are rotated, creating a mutually beneficial ecosystem which supports a diversity of species, with the aim of improving the soil for future generations.



# Conservation Volunteering

### African Horizon [8]

Location	Thornhill
Minimum age	16 years
Duration	From 2 weeks

Situated between Port Elizabeth and Jeffreys Bay, the Animal Rehabilitation Centre feeds and cares for stranded and injured animals.

The Centre boasts in excess of forty species of wildlife, including Cheetah, Giraffe, Zebra, Impala, Blesbok, Duiker, Bushbuck, Monkeys and a huge selection of bird species. Some animals that can't be free-roaming are kept in enclosures, but most of the larger animals roam freely on the reserve.



### White Lion Project [9]

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Location	Timbavati region
Minimum age	19 years
Duration	2 - 8 weeks

The White Lion Project's primary objective is the 'world-first' reintroduction of White Lions back to the wild in their endemic area - the Greater Timbavati region. Participants have a unique opportunity to gain hands-on gameranging experience whilst making a valuable contribution to the long-term conservation of the white lions.

## Garden Route Elephant Park [10]

Location	Knysna
Minimum age	18 years
Duration	From 2 weeks



The Garden Route Elephant Park is a place of safety for elephants. The park started off with only two elephants in 1994, but they have since been joined by ten other elephants. The herd now comprises six males and six females, ranging in age from about 24 months to 23 years. The park offers a rare and exciting opportunity to get close to these gentle giants, who live in a controlled, free-range environment in the heart of the famous Garden Route.

## Monkey Sanctuary [11]

Location	Plettenberg Bay
Minimum age	16 years
Duration	8 weeks

The sanctuary caters for several species of primates, which are not caged. They are free to move about the forest harmoniously. The monkey sanctuary funds itself through revenue from tourists. German, Dutch, Spanish, Portuguese and Italian guides are particularly in demand, but any knowledgeable person who can further environmental awareness in an entertaining way will be considered.

## Horse Rescue [12]

Location	40 km from East London
Minimum age	18 years
Duration	2 - 12 weeks



This centre is run by a family on a nonprofit basis. They have been running horse trails full-time since 1998, and have provided trails for one of the biggest backpackers in South Africa. The rehabilitation side of the project was established in 2000, and since then they have provided homes for numerous horses in order to save them. The rehabilitation centre has a very good reputation and works with the Society for the Protection and Care of Animals.

## Bird & Primate World [13]

Location	Hout Bay
Minimum age	18 years
Duration	From 4 weeks

Bird & Primate World is the largest bird park in Africa and a well-known tourist attraction. Over 3000 birds (and small animals) of 400 different species are displayed in more than 100 spacious landscaped walk-through aviaries, allowing intimate closeness with nature.

Visitors get a close-up view of the birds and animals as they feed, sing, socialize, build nests and incubate eggs – an unforgettable experience.

#### Shark Project [14]

Location	Gansbaai
Minimum age	18 years
Duration	2 - 12 weeks

The Shark project aims to study sharks and to bring tourists closer to these fascinating creatures. The project operates one boat for scientific research and several boats for tourist activities.

Volunteers are primarily here to work closely with sharks and tourists. Most sea time is spent aboard Shark Fever as a crew member, helping out with cage diving operations.

## Cheetah Conservation [15]

Location	Hoedspruit
Minimum age	18 years (maximum 35)
Duration	3 weeks only

This facility is dedicated to the quest of ensuring the survival of rare, vulnerable and endangered species, particularly cheetahs, as well as the rehabilitation and care of orphaned and injured animals. The centre is a home to cheetahs, wild dogs, black-footed cats, lions, African wild cats, ground hornbills, sable antelope and many other species. The programme aims to equip volunteers with the ability to actively participate in conserving the wildlife of Southern Africa, to build awareness of conservation on a broader global scale, and to experience the beauty and rich diversity of South Africa.



## Limpopo Primate Centre [16]

Location	Closest town: Phalaborwa
Minimum age	18 years
Duration	From 2 weeks

The centre has been involved in primate rehabilitation for 16 years. At one stage they only dealt with monkeys, but have been receiving more animal and bird species lately. Any orphaned and/or injured animals are treated at the centre, and when healed or strong enough, released back to their natural habitat.

The Environmental Education project is involved with different community upliftment programmes. Volunteers sometimes get the opportunity to enjoy first hand experiences in both of these fields.

#### Lowveld Rehab. Centre [17]

Location	33 km from Hoedspruit
Minimum age	18 years (maximum 30)
Duration	From 2 weeks

The Lowveld Rehabilitation Centre creates homes for orphaned, poisoned or injured wildlife, which due to their injuries will never be able to return to their natural environment. Rehabilitated wildlife will be reintroduced to their natural environment where possible.

The programme also attempts through an educational programme to stress how sensitive our ecosystem is and how fast we are losing it.

## Windhoek Foundation [18]

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Location	Omaheke Region
Minimum age	18 years (maximum 40)
Duration	2 - 12 weeks



Volunteers can choose from 2 projects:

#### Cheeky Cheetah Kids Project

This projects aims to support the people of the San tribes by providing sustainable education for their children and offering basic training for adult men and women. This enables them to gain skills to secure a more constant source of income and a better future. The volunteers provide a unique opportunity for the local children. This project combines basic pre-school education, life skills as well as increasing awareness about wildlife conservation.

#### Wildlife Project

Volunteers will be involved in the daily activities which will include food preparation, feeding, care-taking, cleaning and building of enclosures or waterholes, fence patrol on horseback, game counting, animal studies, helping in the children's day care centre, research on rehabilitated animals, fear factor games, survivor games, dress up nights, bush walks as well as animal walks, star gazing and the never ending day to day surprises dished up by our animal kingdom.

#### Namibia Wildlife & Community [19]

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Location	42 km outside of Windhoek
Minimum age	18 years
Duration	2 - 12 weeks

Their vision is an Africa where humans and wildlife can live and thrive together. Their mission is to conserve the land, cultures and wildlife of Namibia and rescue species threatened by an ever-shrinking habitat. Supporting Afri-

can wildlife, the Wildlife Sanctuary provides a safe home for orphaned and injured animals which cannot be released back into the wild. Supporting the marginalised San Community, the Clever Cubs School provides free education for San Bushman children.

## Domestic Animal Rescue [20]

Location	Fish Hoek
Minimum age	17 years
Duration	From 2 weeks

This centre is a pro-life, non-profit organization whose core aim is to rescue, rehabilitate, re-unite and re-home lost, abandoned, abused and neglected dogs and cats.

## Kruger Horse Project [21]

Location	25 km from Nelspruit
Minimum age	18 years (maximum 40)
Duration	From 2 weeks

This project is set in the beautiful surroundings of the Kaapsehoop Mountains, offering breath-taking scenery and sensational adventure. The horses live a natural life with the wild horses of Kaapsehoop. This means that there are no stables for the animals at night as they sleep in the mountains as wild horses. The animals are called in during the morning hours and then prepared for the trail rides. On days where there are no bookings, the horses are free to stay in their natural environment.

### Coastal Lion Park [22]

Location	25 km from Port Elizabeth
Minimum age	18 years (maximum 40)
Duration	From 2 weeks



This is a very special and unique volunteer programme for those who dream of working with lions in Africa. The project invests a great deal of time teaching volunteers about their animals and how to care for young lions or tigers. This programme is different from most others in that, from day one, volunteers are able to interact with the sanctuary's animals and baby cats (when they have them). From bottle feeding baby lions or Siberian tigers, to walking with them, to learning about their personalities, volunteers be able to experience what few can.



## **Work South Africa**

Description

This is a non-placement programme that allows

students to do paid work.

**Duration Requirements** 

Up to 1 year.

- Level of English upper-intermediate or higher.

- Restrictions apply due to visa requirements.

- The enrolment should be done at least 12 weeks

prior to arrival in South Africa.



ork South Africa is a one year, working holiday programme, available to full time tertiary students or recent graduates only. The majority of Work SA applicants find work in the hospitality industry, either working in one of the many vibrant bars, restaurants and nightclubs in Cape Town, or within the lively backpacking industry.

There is no better way to travel and work your way around South Africa than on the Work SA programme. You can sample the real everyday South Africa whilst meeting the locals and earning money at the same time. The choice of location is totally up to you - from the casual beach life of Cape Town to the hustle and bustle of busy Johannesburg or the laid back surfer city of Durban. It's also an opportunity for young people to add to their resumes, to

be totally independent, make new friends and visit some incredible places such as the Kruger Park, Table Mountain, Robben Island and vibrant townships.

A good level of English is required to find reasonable jobs. If necessary we recommend doing an English course before working to reach a minimum level of upper-intermediate.



## English language courses





Good Hope Studies also runs English language courses at two different campuses in the City Centre of Cape Town and in the upmarket residential area of Newlands.

If your level of English is not sufficient for any of our work and volunteer programmes we will gladly assist you in recommending the most suitable course for you.